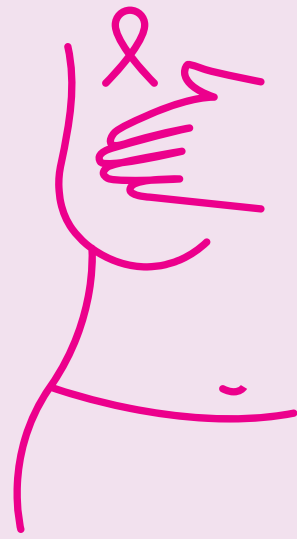


Signs and Symptoms of Breast Cancer

It is important to know what your breasts normally look and feel like, so you can spot any changes during regular self-examinations.⁴ Below is a list of possible signs and symptoms of breast cancer.⁴ If you notice any of these changes, book an appointment with your doctor or local clinic immediately.



New lump or mass. This is the most common symptom of cancer. The mass can be painless or painful, hard or soft, round or irregular. This is why it is so important to have any new breast mass, lump, or any changes to your breast checked out by a medical professional.⁴



Swelling of all or part of a breast (even if no lump is felt).⁴



Skin dimpling of the breast (sometimes looking like an orange peel).⁴



Breast or nipple pain.⁴



Nipple retraction (turning inward).⁴



Red, dry, flaking or thickened skin around the nipple or breast.⁴



Nipple discharge (other than breast milk).⁴



Swollen lymph nodes under the arm or around the collarbone.⁴

It is important to note that factors other than breast cancer can also trigger any of the above symptoms.⁴ If you notice changes to your breast, please see your doctor or visit your local clinic so a healthcare professional can conduct a thorough investigation.

LEARN MORE ABOUT
BREAST CANCER

RISKS AND
PREVENTION

SCREENING, DETECTION
AND DIAGNOSIS

BREAST CANCER
TREATMENT

You could potentially save lives by sharing this important information.

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